



## LEAP Report

**MRT<sup>®</sup> Food Sensitivity  
Test Results**

**And**

**LEAP ImmunoCalm<sup>®</sup>  
Dietary Management Program**

*Prepared For:* SAMPLE PATIENT  
*Physician:* WELLNESS, MARK MD  
*Date:* 07/10/2012  
*Identifier:* S7012

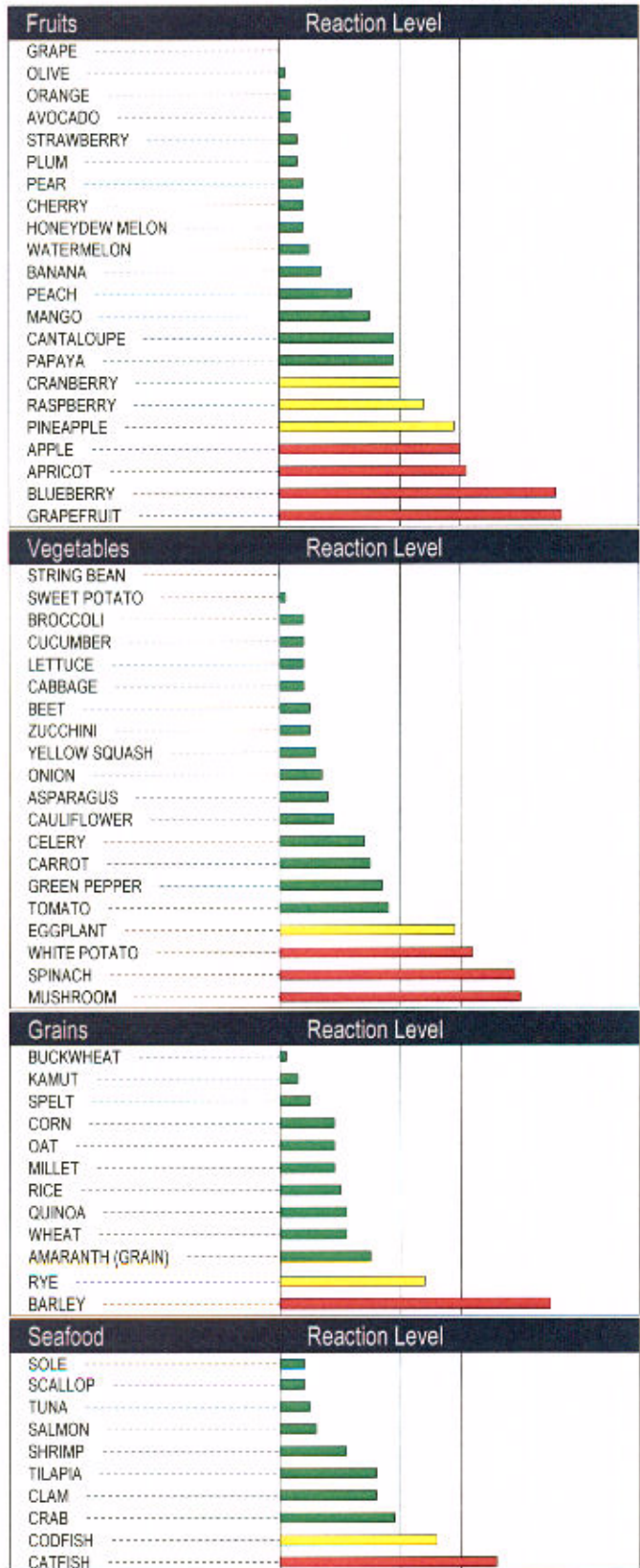
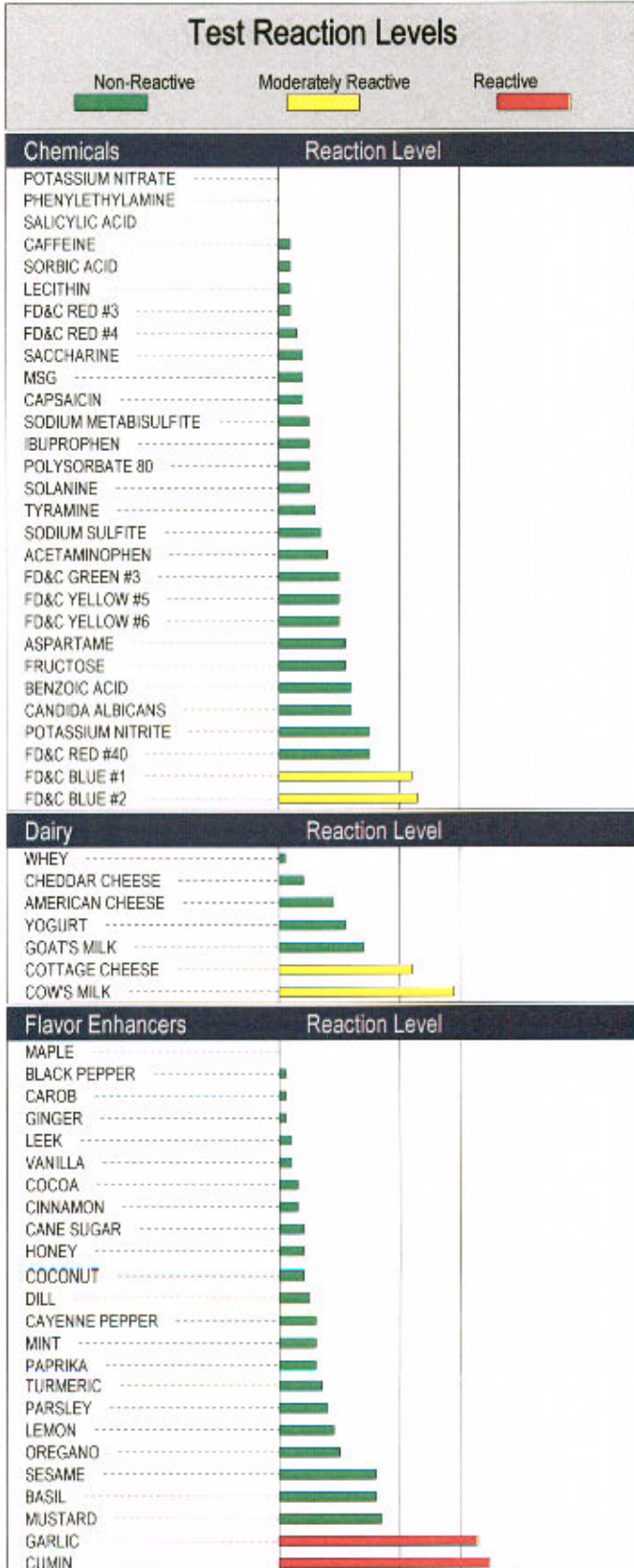


*Laboratory Director / Supervisor*

Physician: WELLNESS, MARK MD  
 Patient: SAMPLE PATIENT  
 Identifier: S7012  
 Profile: MRT Test ML150  
 Test Date: 07/10/2012  
 Technician: EH



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 FL License #: L800010492  
 CLIA ID #: 10D0914874  
 U.S. Patents: 6,114,174 6,200,815

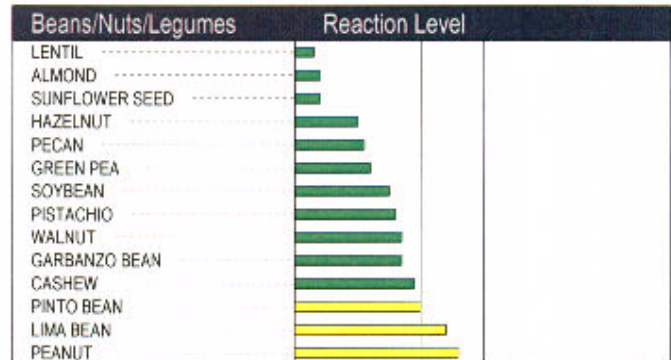
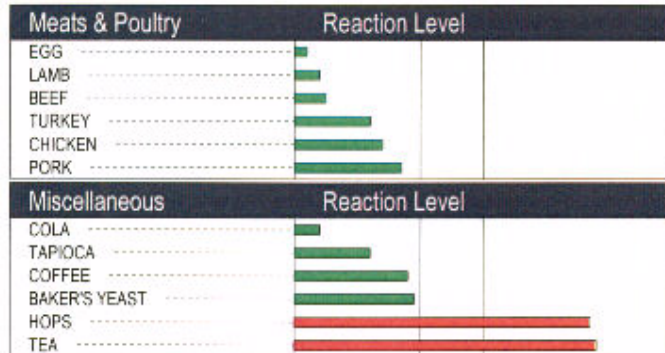


**MRT Results for S. PATIENT, page 2 of 2**

Physician: **WELLNESS, MARK MD**  
 Patient: **SAMPLE PATIENT**  
 Identifier: **S7012**  
 Profile: **MRT Test ML150**  
 Test Date: **07/10/2012**  
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Degrees of reactivity may not in all cases correlate with presence or level of clinical sensitivity to the food. Strongly positive results have been found to correlate with food reactivity. It is appropriate to eliminate foods with Reactive Scores. Moderately reactive scores should be evaluated by the physician or dietitian based upon patient history and frequency of consumption. After an appropriate period of elimination, reintroduce them one at the time under physician and/or dietitian supervision.

If negative foods have been consumed regularly before drawing the blood for the test, there is high probability that they are 'safe' and are not likely to provoke symptoms. If test positive foods are eliminated from the diet, these non-reactive foods reasonably could remain in the permitted diet during the elimination phase. The clinician or dietitian should remain alert to the possibility that any of these foods might provoke symptoms.



## LEAP ImmunoCalm Diet Program - Food Reintroduction Schedule

Patient name: **SAMPLE PATIENT**      Physician: **WELLNESS, MARK MD**      Identifier: **S70123-0**      Test date: **07/10/2012**

Phase 1 DAYS 1 - 7	Phase 2 DAYS 8 - 12	Phase 3 DAYS 13 - 17	Phase 4 DAYS 18 - 22	Phase 5 DAYS 23 - 27
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### Proteins

	EGG LENTIL LAMB SCALLOP	SOLE BEEF TUNA SALMON	SHRIMP TURKEY CHICKEN SOYBEAN	CLAM TILAPIA GARBANZO BEAN PORK	CRAB
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### Starches

	BUCKWHEAT SWEET POTATO KAMUT	SPELT CORN MILLET	OAT RICE QUINOA	WHEAT TAPIOCA AMARANTH (GRAIN)	
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### Vegetables

	STRING BEAN BROCCOLI CABBAGE CUCUMBER	LETTUCE BEET ZUCCHINI YELLOW SQUASH	ONION ASPARAGUS CAULIFLOWER GREEN PEA	CELERY CARROT GREEN PEPPER TOMATO	
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### Fruits

	GRAPE OLIVE AVOCADO	ORANGE PLUM STRAWBERRY	CHERRY HONEYDEW MELON PEAR	WATERMELON BANANA PEACH	MANGO CANTALOUPE PAPAYA
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### Dairy / Miscellaneous

	WHEY COCOA	CHEDDAR CHEESE AMERICAN CHEESE	YOGURT GOAT'S MILK	COFFEE	
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### Nuts / Seeds / Oils

	OLIVE ALMOND SUNFLOWER SEED	CORN HAZELNUT PECAN	SOYBEAN PISTACHIO SESAME	WALNUT CASHEW	
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### Flavor Enhancers

	MAPLE BLACK PEPPER CAROB GINGER LEEK	VANILLA CINNAMON CANE SUGAR COCONUT HONEY	DILL CAYENNE PEPPER MINT PAPRIKA TURMERIC	PARSLEY LEMON OREGANO BASIL SESAME	MUSTARD
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LEAP ImmunoCalm Diet Program, Phase 6 - 3 Day Rotation Diet

Patient name:  
SAMPLE PATIENT

Physician:  
WELLNESS, MARK MD

Identifier:  
S70123-0

Test date:  
07/10/2012

Day 1

Day 2

Day 3

**Proteins**



BEEF  
GARBANZO BEAN  
LAMB  
LENTIL  
SALMON  
TUNA

CHICKEN  
CRAB  
EGG  
SHRIMP  
SOLE  
TURKEY

CLAM  
PORK  
SCALLOP  
SOYBEAN  
TILAPIA

**Starches**



AMARANTH (GRAIN)  
MILLET  
QUINOA  
RICE

KAMUT  
SPELT  
SWEET POTATO  
WHEAT

BUCKWHEAT  
CORN  
OAT  
TAPIOCA

**Vegetables**



BEEF  
CARROT  
CELERY  
GREEN PEA  
STRING BEAN

ASPARAGUS  
BROCCOLI  
CABBAGE  
CAULIFLOWER  
LETTUCE  
ONION

CUCUMBER  
GREEN PEPPER  
TOMATO  
YELLOW SQUASH  
ZUCCHINI

**Fruits**



BANANA  
GRAPE  
MANGO  
ORANGE  
PAPAYA

AVOCADO  
CHERRY  
PEACH  
PEAR  
PLUM

CANTALOUPE  
HONEYDEW MELON  
OLIVE  
STRAWBERRY  
WATERMELON

**Dairy / Miscellaneous**



AMERICAN CHEESE  
CHEDDAR CHEESE  
WHEY  
YOGURT

COCOA  
GOAT'S MILK

COFFEE

**Nuts / Seeds / Oils**



CASHEW  
PECAN  
PISTACHIO  
WALNUT

ALMOND  
HAZELNUT  
SESAME  
SUNFLOWER SEED

CORN  
OLIVE  
SOYBEAN

**Flavor Enhancers**



BASIL  
DILL  
HONEY  
LEMON  
MINT  
OREGANO  
PARSLEY

BLACK PEPPER  
CAROB  
CINNAMON  
LEEK  
MAPLE  
MUSTARD  
SESAME

CANE SUGAR  
CAYENNE PEPPER  
COCONUT  
GINGER  
PAPRIKA  
TURMERIC  
VANILLA

PATIENT  
SAMPLE PATIENT  
PHYSICIAN  
WELLNESS, MARK MD  
TEST PANEL #  
MRT Test ML 150  
TEST DATE  
07/10/2012



APPLE	GRAPEFRUIT
APRICOT	HOPS
BARLEY	MUSHROOM
BLUEBERRY	SPINACH
CATFISH	TEA
CUMIN	POTATO
GARLIC	
CODFISH	LIMA BEAN
COT. CHEESE	PEANUT
COW'S MILK	PINEAPPLE
CRANBERRY	PINTO BEAN
EGGPLANT	RASPBERRY
BLUE #1	RYE
BLUE #2	